

# Frank Ruppenthal

Frank Ruppenthal Born on March 29th, 1965 in Waldkirch im Breisgau.

After obtaining the University of Applied Sciences Entrance Qualification, completion of the basic military service in the Bundeswehr sports promotion section for fencing in Tauberbischofsheim

**1987** Training as physical therapist at the School of Physical Therapy in Berlin Charlottenburg

**1989** state examination, then a year of recognition and training in treating hemiplegia with Prof. Dr. E. Steinhagen Thiessen

**1990** teacher the Institute for Physical Therapy in Berlin-Charlottenburg while also training as a manual therapist in Donaustauf with Klaus Eder, Arne Ringen and Odd Hagen.

**From 1990** till now of teaching in manual therapy, orthopaedics and physical therapy basics.

**1991** Establishment of a teaching clinic at Westend Hospital Berlin in close cooperation with PD. Dr. Helge Schauwecker. During this time until today, regular lectures at national and international specialist congresses. Successful graduation as manual therapist Training as athletic trainer / sports physical therapist and as DOSB (German Olympic Sports Confederation) coach, B licence for top-class sport

**Since April 1998** head of the Physical Therapy Department at Immanuel Hospital in Berlin Work focus on rheumatology, rheumatism surgery / orthopaedics, osteology and naturopathy Organization and participation in numerous events on the subject of endoprosthetics in close cooperation with Prof. Dr. M. Sparmann Design and implementation of treatment pathways in rheumatology together with Prof. Dr. A. Krause

**Since 2001** senior physical therapist in the Naturopathy Department at Immanuel Hospital Berlin. Mainly in the Charité University Outpatient Clinic in close cooperation with Prof. Dr. Michalsen Head of the physical therapy control group in the implementation of the CHARAKA study on Ayurveda treatment of knee osteoarthritis (<https://clinicaltrials.gov/ct2/show/NCT01225133>) and “Die YES Studie” (Comparative Effectiveness Trial of Yoga, Eurythmy or Standard Physiotherapy in chronic low back pain)

**2008** Ayurveda Manual Therapist / International European Ayurveda Academy, Birstein

**Since 2011** Advanced Education OsteopathCraniosacral Therapy by New Directions of Manual Therapy Iris And Michael Wolf, cranio sacral Therapy, advanced course, visceral therapy, advanced course at Dr. Vodder Academy Walchsee, Austria

**2013** Certified “Sectoral Alternative Practitioner for Physiotherapy” Practitioner for natural and physical treatment for Physiotherapy issued by the Senate for Health and Social Affairs, Berlin

Numerous interviews and comments in print media, radio and television.